

# Must be protagonists of development and not accomplices of underdevelopment

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## “Seamos protagonistas del desarrollo y no cómplices del subdesarrollo”

Dear colleagues:

It is a great pleasure for me to write the editorial for this issue of the Journal of the Colombian Association of Nephrology and Arterial Hypertension, which is, unquestionably, a great achievement and, at the same time, a further tool in the sea of knowledge where we sail day after day.

When I sat down to write these words, beautiful memories of many moments came to my mind, all revolving around the dream of growing up.

Growing up in our Association in all aspects, being the strengthening of the Journal one of them, which is an indescribable reality today.

In this issue, there are three original articles which are very interesting. The first exposes the experience with plasmapheresis in pauciimmunevasculitis in a hospital center. This article addresses one of the treatments that has been previously somewhat abandoned by Nephrology, but which, in recent years, we had resumed the leadership in this type of therapies: plasmapheresis, whose usefulness in clinical practice has grown, being this pathology one of its objectives.

The other article presents the experience of the World Kidney Day at a hospital in our country. It is interesting because it explains us which clinical interventions we can implement in our population regarding the most important risk factors for chronic kidney disease. It is very valid because its main objective is prevention, which becomes one of the most important goals, nowadays, in almost all high-cost diseases.

We can also read an article related with the quality of life of patients on hemodialysis therapy. If we remember the definition of health, which is the complete physical, mental and social well-being, and not just the absence of disease, this work addresses not only the clinical area but also other aspects that are important for health such as quality of life. We can validate in our community the results yielded in this article can be validated in our community.

The review article addresses the biomarkers and their potential use as an indicator of lupus nephritis in patients with lupus. It is interesting because it can help us to determine biochemically the disease activity, even without having previous clinical signs or symptoms in the patients.

We also present a case report of Shunt nephritis, an uncommon pathology, but that undoubtedly is an interesting diagnostic challenge to be taken into account.

As you can see, it is a very complete issue, with very interesting articles and varied topics in the area of Nephrology, which will be of great interest to all of you and, most importantly, it is our intellectual product.

I want to thank God for making this goal a reality, and also to thank our deceased President Jorge Enrique, who with his valuable effort managed to consolidate our Journal much more and with this issue one of his dreams come true today. He is enlightening us from heaven in this long but fruitful path.

I would also like to thank Dr. Gustavo Aroca, professor, researcher, brain and artificer of this accomplishment, who has done an excellent job with the Journal, in such a short time and with the greatest enthusiasm, to the illustrious members of the Editorial Committee, to both national and international colleagues, who have contributed their knowledge so that this Journal would have the highest quality standards, to the Board of Directors, the dear colleagues, with their scientific contributions for this issue, the industry and other contributors.

I finish these words quoting one of the phrases of my father Florentino Rico Calvano, distinguished scholar and researcher, which summarizes the message that I wanted to leave in this editorial “Must be protagonists of development and not accomplices of underdevelopment”. This phrase highlights what we want from our Journal, to be a grain of sand for the development of our society and strengthen the scientific growth which helps so much our beloved country.

Gracias,

**Jorge Eduardo Rico Fontalvo MD, Nephrologist**

President ASOCOLNEF